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5 Tips to Lose Stomach Fat

The Best (surprising) Fat-Burning Foods Unique Workouts that Burn More Body Fat Than Cardio

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Hotel Sarayana Bhayan

*** (3 reviews)

Cuisine: Indian

By petchem

Tue, 04/08/2009 - 9:09am



Directions: near gold soug and central bus stand

Contact Number:

Restaurant Features:

- Delivers

Description:

There had been so much of discussion about opening of Saravana Bhavan in Doha-one of the best chain of hotels from Chennai, known for authentic south indian delicacies. At last, the D-day seems to have come! Saravana Bhavan slated to open on 5august, 2009 as per news item in Gulf Times of today.

We wish that they will maintain same standards like their outlets in Chennai.

5 Tips to Lose Stomach Fat

- 1. Ab exercises such as crunches and situps do nothing to burn belly fat. Try these unique exercises instead.
- 2. Some foods you thought were "healthy" may really be increasing your stomach fat. Try these fat burning foods instead.

Click here to read the article and start losing stomach fat

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